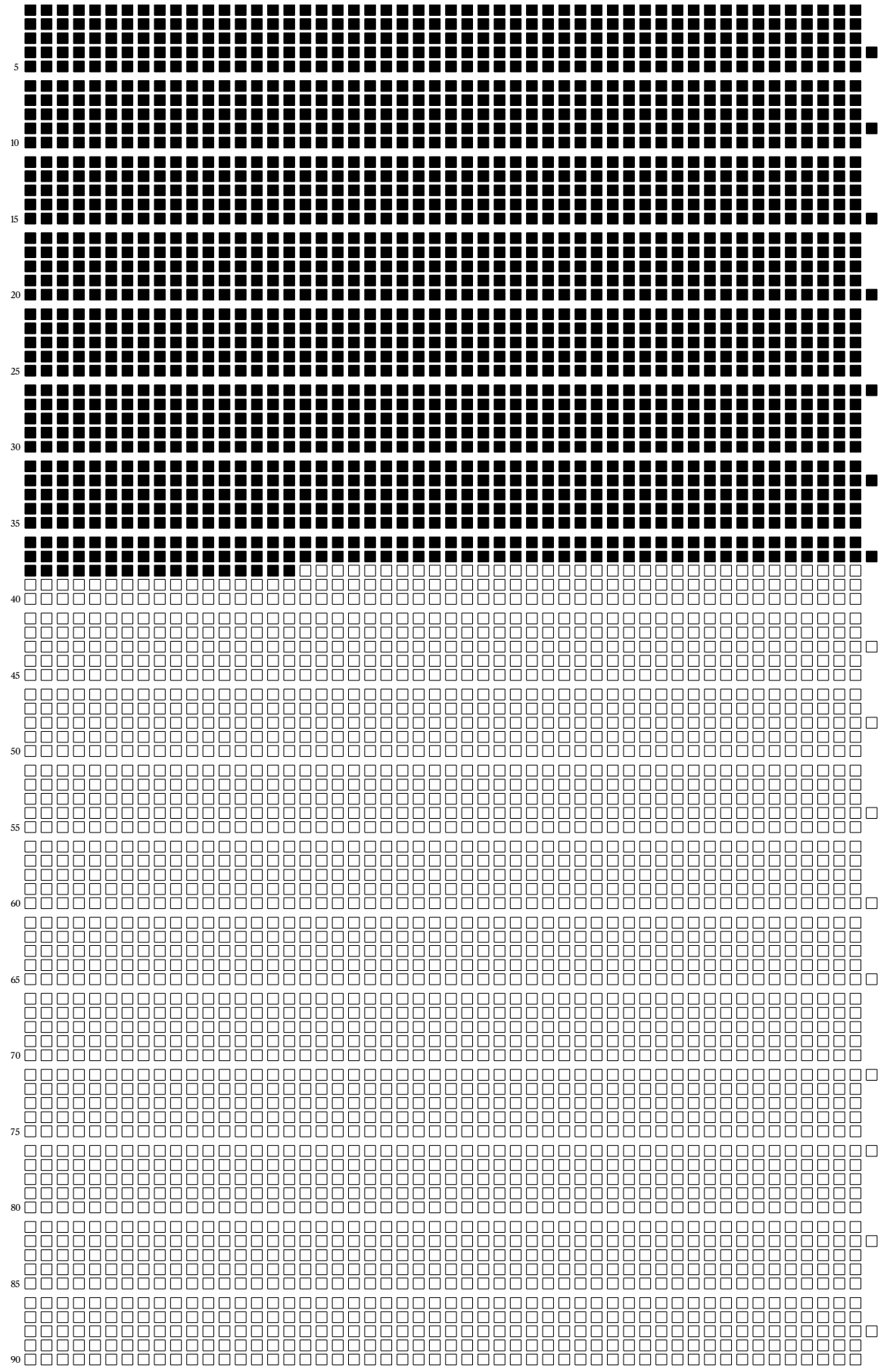

What have you done over the last week that you will remember on your death bed?